

The Palmer Paper

The EP Annual Vol 2 - July 2020

We love you, EP!

Interview with Miss Frood
by Isaac O'Gara

Some schools, like us, have brought all their students back for the last weeks of term. But many haven't. Miss Frood told us why we, Eleanor Palmer, are one of the schools that have come back – and what is happening in the near future.

Why did you decide to open up before some other schools?

The half day meant everyone could come back, but for shorter hours. The other schools that decided to bring back the whole Year 6 at the same time but in different classrooms couldn't bring back the whole school. Also we don't have many narrow corridors or stairways. The home zone is something that most schools don't have, and that gives us an advantage. Our great staff team has worked really hard to get you back with all their imaginative ways to get the school running again.

What would you say to those children who aren't at school?

The first thing I will say is that if you look at the statistics, London peaked in March, around the time of Year 6's Royal Albert Hall performance. I would try to reassure people that it is fine and safe at school.



Year 6's two 'bubbles' brought together by the magic of photography

How has it been with the whole school back?

It's been lovely, I like it because I'm always busy. I love seeing children buzzing around of all different ages! It's not normal, but it's the best we can do.

What are the plans for Autumn?

The plan is that we all come back for whole days. We will be open on the day we had originally planned to be open.

Inside the Palmer Paper

Page 2: "I knew all the other doctors had my back"

Page 5: New love for widowed swan

Page 6: Goodbye to two EP treasures

Page 7: EP summer concert

Page 9: Y6 summer playlist

Page 12: Should kids be allowed phones at school?

Page 20: Through the keyhole with EP teachers

And look out for the EP Lockdown Cookbook!

Local heroes

NHS workers protecting our community

By Degan Ahmed

On 23 March, Boris Johnson announced that in order to protect the NHS and save lives, the country would need to go into lockdown. The NHS has been the UK's most important organisation in the fight against coronavirus.

People showed their appreciation by clapping on Thursdays at 7pm, sticking rainbows in their windows, the EP tree was covered in rainbow art, massive signs were put up around people's homes and businesses and also there was a musical singalong on the BBC.

Since the end of May, there are fewer patients in hospitals and staff are going back to their normal shift patterns, which means that they get a well-deserved rest when they need it. NHS staff now have to wear PPE (personal protective equipment) – full aprons, gloves, and masks – and staff on the Covid wards have to wear plastic protective shields to cover their faces, which are uncomfortable. Care workers and nurses don't get paid much, and they risk their lives for people they don't even know. We are so lucky to have the National Health Service.



EP's Rainbow tree celebrates the NHS



The Palmer Paper spoke to two NHS workers to find out what their experiences of the pandemic have been.

**Fatah Abdullah,
University College Hospital**

I check if someone has cancer. I do that by scanning their whole body and giving the scan to the lab so that they can check where the cancer is. I work eight-hour shifts, or more if there are more people than usual.

I would change the NHS by getting more supplies for hospitals and to be able to work shorter hours. I am worried about getting sick because I live with my 62-year-old mother who has diabetes, and if I give it to her, it would not be great. I really love helping people and when I go home, I know I am going home feeling good about doing something really positive and helping people.

Selma Audi, Royal Free Hospital

I'm a qualified doctor in higher training. What I love about the NHS is that it's fair and provides good quality care to everyone. My favourite part of my job is talking to patients. I'm part of a core team, and we work with other teams all over the hospital depending on what our patients need.



Part of working in the pandemic was exciting because we got to test ourselves and our ability to come up with new ways of looking after our patients. It was also frightening because we didn't know if we would be able to look after everyone with the resources we had. Although I was rota-ed onto the Covid ward, I didn't end up working on it because my son got sick and we had to isolate. By the time we came out of isolation at Easter, there was a crisis in the mortuary. As a 'mature' doctor, the operations team asked me to handle it, so most of my work moved to the Covid task force and supporting the medical examiner (I wrote almost 100 death certificates). That was difficult as I had to thoroughly read through all the notes of each patient... but the working atmosphere was supportive, positive, very team-work and well-being focused. I knew all the other doctors, nurses and other staff had my back and I had theirs.

Protests that swept the world

By Adrien Briancon

On 25 May, a man named George Floyd was killed while in police custody. Police officer Derek Chauvin was charged with murder after kneeling on Floyd's neck for 8mins and 46secs despite the helpless cries of Floyd. The next day, protests erupted in Minneapolis after the murder was filmed by Darnella Frazier, a 17-year-old girl.

The first protests in the UK occurred on 28 May. More than 20 participants gathered in front of the US embassy in Battersea with Black Lives Matter (BLM) banners. Statues with links to slave trading or

racism were torn down. Sadiq Khan announced a review of all statues in London. The statue of Robert Milligan was removed from in front of the Museum of London because he owned two sugar plantations and 526 slaves. People have been trying to take down a statue of Winston Churchill, claiming that he was a racist.

George Perry Floyd Jr was born on 14 October 1973 in Houston, Texas. During his life he faced charges for armed robbery and served four years. In 2014 he moved to Minneapolis, finding a job both as a truck driver and as a security guard for a nightclub,



This image of BLM protester Patrick Hutchinson carrying a counter-protester to safety after he was injured went viral (Photo: Dylan Martinez/Reuters)

where he clashed with an officer, who would later be recognised as the policeman that knelt on his neck. The death of George Floyd

has changed how racism has been perceived all over the world and has shown citizens in every country that racism persists.

A rainbow after the rain

By Maddie Blackman & Georgia Condou

Due to the current global pandemic, many people globally have missed an annual event that is seen as bringing people closer together – one of the world's biggest festivals, celebrating a global family that is warm and welcoming to everyone. Pride is a fantastic and colourful celebration of sexual diversity. Pride parades are held outdoors and are celebrated all over the world – in the UK, during the month of June. Millions of people come to these events to fight for LGBT+ rights – this stands for lesbian, gay, bisexual, transgender and others.

The flag is a rainbow, with each of the colours representing diversity, inclusivity, life, healing, sunlight, nature, harmony and spirit. Pride have recently added black and brown for the Black Lives Matter campaign. They chose the rainbow flag as their symbol because the colours reflect the diversity of the LGBT+ community. The flag originated in San Francisco and is now used worldwide.

We spoke to Toby (Y4) and his brother Theo (Y1) about Pride. They said that it's "where people with two mums or two dads go together on a march with rainbow-coloured flags. It's noisy with lots of people that are happy and excited."



They said that the biggest thing they missed about Pride this year was that they couldn't go on the march with their family and friends. Theo missed waving the rainbow flag on his dad's shoulders.

Chris Kurt-Gabel, a parent at EP, said that Pride is very important to everyone because it might have been the way they came out to their family.

Chris said: "In 1986 I helped organise the London Pride march and only 5,000 people joined in." He mentioned that the first time he helped organise it, the police weren't very helpful, and that there was a lot of homophobia. "It's amazing how much it's grown from such a small event to one of the biggest. Many people in London will be putting Pride flags in their windows, acknowledging that even though Pride isn't happening in its usual way this year, it will still be in our hearts."

Fly-tippers hit the Heath

By Sabry Bournenane & Lara Donald

Following reports of chronic fly-tipping on Hampstead Heath, we interviewed caretaker Danny Murphy about recent events.

Has there been more litter on the Heath recently?

Yes because of people having lots more parties on the Heath! Lots of local people have been helping because more people have been on the Heath.

What is the biggest group of people you've seen on the Heath?

After George Floyd was killed, around 2,000 people congregated on the Heath, especially at the back of the lido.

Has anyone been fined?

The Met police didn't issue any fines but warned them.



Jennifer Wood, Hampstead Heath communications officer, told us that the bins were taken away "because it takes a lot of park rangers to maintain them and loads of the park rangers are off work due to Covid-19 restrictions."

Since the ponds re-opened on 6 July, a booking system is now operating. Several EP families have swum in the last week but reported that it was quite challenging to find an available slot. However, the wait may be worth it!

Every part of the puzzle matters

By Laurie O'Connor

The environment has taken a catastrophic blow over the last few years from issues such as pollution and climate change. However, we can help in multiple ways by doing small things such as driving less, trying not to waste energy, and much more. Lockdown began about three months ago across the world. With far fewer planes, trains and cars on the move, the environment was basically given a break.

More people are going out now but it is not as bad as before lockdown and when lockdown is over, we hope that it doesn't go back to how it was.

We spoke to some members of the public. A 14-year-old boy, Dan Keys, says that he feels like whenever something bad happens, there is likely to be a benefit as well. Sarah O'Connor says: "Lockdown has been an opening point for the world... Why can't we just work together to help the planet?"



Nocado means no!

By Bay Spicer

Since December 2019, local residents of Archway have been campaigning against the food distribution service, Ocado, building a hub and diesel refuelling depot next to Yerbury primary school. This campaign has named itself Nocado. After lots of protesting and campaigns, although Ocado have kept their delivery port, they say it could now be 100% electric rather than diesel - a much more eco-friendly option. Even though they have

offered to switch to electric, the delivery port is still right next to a school and noise is still an issue. The two main problems Nocado had was noise and pollution. We asked Nocado if there was a decline in new signatures for their petition since lockdown, as many people around the area were using the food delivery services, and they stated that they had stopped promoting their petition in February. The Nocado petition needed to raise at least £9,000 by 23 June. At the time of

publishing, the fund is at around £9,500. The reason they needed the money was to cover the costs of challenging Ocado's plans and also to change the law so that no school has to go through this petitioning process again. Ocado CEO, Tim Steiner, told the parents of Yerbury Primary School that the port will help meet the demand of 13,000 weekly orders. By way of placating the protesters, Ocado have said that they will offer the Zoom delivery option to residents, which is the service of delivery within one hour.

The Nocado campaign is continuing to protest against the site, but Ocado are planning to go ahead. They said, "We've spent the last few months listening to what people had to say and making changes to our plans to ensure that they will work well for everyone in the area. We can promise that Ocado is working hard to make this new building good for everyone." The Ocado vs Nocado war persists, with the local campaign continuing to fight until the delivery port is stopped - Ocado has admitted that there are issues with electric refrigerated vehicles.



Love at first flight

Widowed swan finds new love

By Malachy Salinger

After four lonely years, the Hampstead Heath swan has started a new family. In 2016, the male partner of a pair of swans, who resided at Hampstead Heath, died when he flew into a building. The swan couple had been together for an unknown amount of time. It should be noted that swans mate for life. This means they stay together from the first time they meet.

For four years, the widowed swan was seen around the pond on the Heath looking morose and at one point, was discovered on top of a building.

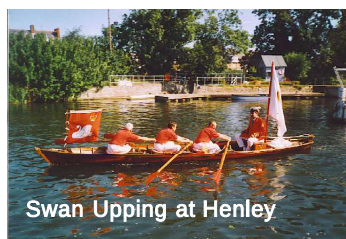
In March 2020, she was rushed urgently to a swan sanctuary in Shepperton to recuperate from injuries. While there, she met a male swan called Wallace who she coupled with.

Eventually, when the decision was made for her to return to the Heath, the sanctuary also brought Wallace, so that they would continue their romance.

In early June, walkers on the Heath spotted six cygnets (baby swans) and the two proud parents, Mrs Newbie (as residents like to call her) and Wallace.

Swan Upping

Swan Upping is an annual ceremony in England in which swans on the River Thames are gathered up, caught and then released. The Queen presides over this festival because the crown has property of all swans and owns them. This ceremony includes feeding, helping and meeting huge numbers of swans by the River Thames. Many people like to kayak



Swan Upping at Henley

down the Thames with the swans to get a closer look. This gathering takes place annually from 15-19 July. The first Swan Upping took place on 13 July 1981 and is still being celebrated in 2020.

London Zoo re-opens

By Jessica Dobson & Bay Spicer

Recently London Zoo has reopened to the public after over a three-month break, and it is difficult to tell whether it is a good or bad thing. The zoo is limiting its capacity to 2,000 people per day to ensure the safety of all visitors and staff, as well as meticulous cleaning.

So what are the disadvantages to re-opening?

It's arguable that zoos are not fair for animals, having people bang on their glass all day and being handed stuff on a platter makes them lose their natural instincts. Animal welfare company PETA are strongly against zoos. The animals have been enjoying a break from the



There are a lot of positives about London Zoo opening, but it goes without saying that the animals being kept alive is at the top of our list. Before the government gave permission for London Zoo to re-open, there was far too little money for the staff to feed, house and care for the animals. Now they can re-open, we can be assured that all the animals will be kept alive and well.

Another upside to the reopening of the zoo is that multiple workers have kept their jobs. London Zoo opening back up is also a great opportunity for the public to interact with animals after two months. The public cannot wait to see the creatures after all this time and tickets are selling out quickly.

public and the zookeepers think it will take a while for the animals to get used to the public again due to the sudden change in noise.

However, if zoos were closed, it would mean that all the animals would have to be put down.

While many will celebrate the zoo's re-opening after the longest closure since World War Two, the main question now should be, what is the point of zoos in the 20th century?

The big question is: could you learn the same amount from zoos that you could from a documentary?



Step Up To Next Year

By Georgia Condou,
Clemmie Hall, Shaima Miah
& Zion Nwobodo

Year 6 interviewed a selection of children from different ages throughout the school to see how they get ready for a new school year.

Starting in Nursery:

Interview with Zayne Nwobodo
Do you like your new school?
I love it.

Have you made new friends?
I am making new friends.

Do you like playing with your friends?
Yes I do.

Going up to the Juniors:

Interview with Hal Condou
What were you feeling when you moved up?

I was sad to leave Year 2 but so excited to go to Year 3.

Can you remember your first day in Year 3?

On my first day we did really fun lessons.

What was good and bad?

The good thing was that we had really good teachers and there was nothing bad!

Do you have any advice for the next Year 3?

Have fun!

Moving from Year 4 to Year 5:

Interview with Jumman Miah
How do you feel about going up into Year 5?

Excited and happy.

What are you most excited about?

Having a new teacher. I've never had Mr G before. I am wondering he is strict or not! The best part of having a teacher is that they will give you a lot of information that your other teachers might not have known.

Do you think it will feel different being in Year 5 from Year 4?

Not really because I feel a lot more mature and ready to move up. My top tip is to be sensible, and to not be shy with your friends and teachers, they will be there and help you.

Moving to secondary school:

Interview with Lilybet Hall
Is it a shock?

Kind of, but you get used to it.

How hard is it to get to classes and remember where they are?

Quite hard but you get used to it after a few months.

Do you have any tips?

Ask the older years if you're lost or look at the signs to help.

Heavenly Helen

By Clemmie Hall & Lara Donald

Our Reception teacher for the past 14 years is retiring from teaching - but have no fear, she won't just be swimming (her favourite sport) or hanging out with her cats Marley, Fossey, Morty and Dylan, she will be going to university to study to be an educational psychologist. (That means she'll still be working with children!) Nearly every child in EP has been taught by Helen and they all have so many fond memories because of her. She has also inspired teachers in EP. Sophie said: "Helen is wise, kind and loves working with children. I have learnt a lot from her."



She is the perfect Reception teacher because she is so welcoming and helps everyone learn the ground rules for being at EP, but also how to be kind to one another. As you go through school, Helen is still part of your life and Year 6 have enjoyed seeing her this year with their buddies. Blake in Reception said that Helen was "the best teacher he'd ever met". Good luck for the next chapter, Helen.

A (Miss Fair)well:

By Clemmie Hall & Lara Donald

After 10 years of working with children at Eleanor Palmer, Miss Fair is moving on to be a child counsellor. She has improved everybody's lives here at EP by being the wonderful person she is. Miss Mac, who has worked with Miss Fair for the first time this year, said, "She is one of the kindest people I know and cares so much for the children at this school. We will miss her very much." This is a sentiment that is felt by all the children at EP. "When Miss Fair comes into Year 6 for English and Maths, she brightens the mood and helps everyone, no matter what," said a child in Year 6.



We are certain that Miss Fair will be an amazing counsellor because she is so understanding and she has all the qualities that will make her incredible at her job. We hope she will have more time to enjoy her meditation, walks, cycle rides and being generally wonderful. She has changed EP so much in her time here and the school will not be the same without her.

Beautiful goldfish needs a home!

One beautiful angel-tailed goldfish needs a new home - tank and water included! We'll double whatever you pay us for her and give all proceeds to EP. Contact Catherine and Molly (Y5) for more details on 07984 883 221.



EP life after lockdown

By Jessica Jones & Tess Ketteridge

As we walked through the school gates on our return to school after lockdown, we saw something new. Next to the Year 1 toilet and by the Nursery entrance are EP's brand-new water troughs. They have been brought in to ease congestion of children as they arrive at and leave school. Due to Covid-19, it is more important than ever that we wash our hands often. The water troughs are used when we come in the gates to wash our hands before we go into classroom. This helps us keep coronavirus away from school. Vicky told us that "these taps mean that we can get lots more people washing their hands at the same time. They're quite hygienic because you don't touch them

with your hands, you activate the taps with your knee using a lever under the basin." EP is going to put more of these troughs next to the Year 3 and 4 toilets, the Year 5 and 6 toilets and the science lab. They have to go there because they have to be connected to the pipes.

"The money is not going to come from the Keep It EP money, but some extra money that we're going to get from the Government to pay for the costs of Covid," says Vicky. "We started with only two because they were the only ones in stock, so we were pretty nifty to get hold of that before they sold out and they are making us some more sinks. We got this amazing idea from the Wick Court troughs from when Year 6 came back from feeding the animals at Wick Court."



The power of soap: an experiment

Scientists have come up with an experiment to show the importance of washing our hands. This is an experiment that you can do at home with common household foods. Grab a bowl, oil, pepper and soap. In your bowl, put in enough water so it fills half the bowl, a thin layer of oil, a

layer of pepper so it covers the water and oil.

When you don't have soap, the pepper will stick to you - but as soon as you touch the pepper with soap on your finger, the pepper will automatically float away from your finger instantly. A powerful visual lesson!

Is this the new sound of music?

By Kara O'Kane

The summer concert has been an EP tradition for years and is a 'total highlight' of being a student at the school. This will sadly not be held this year but EP had a plan. The children who wanted to do the summer concert have been filmed by Laura and their performances can be watched on the EP website. Who knows, you may just find a hidden talent? We asked Laura McWilliam, EP music teacher, a few questions. *How has music helped you throughout lockdown?* "I loved doing the violin tutorials and composing songs on YouTube. I have enjoyed Facetiming some children and

found that Facetime has better quality sound than Zoom."

How many years have you taught at EP?

"I have been here for 25 years." *What is your favourite tradition at EP?*

"That is tricky but I'd have to say the carol concert. I love to see the whole school sing together."

What is your favourite thing about being a teacher at EP?

"Seeing each child's progression through music from nursery to Year 6."

What is your favourite instrument?

"The violin - it has a wide range and can do melodies that other instruments can't."



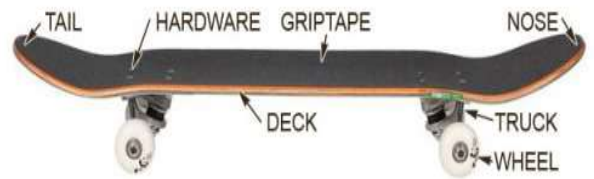
EP staff try out their new blue bibs

What happened to Keep it EP?

Interview with Miss Frood by Kara O'Kane

"Well, we did really well to begin with - raising £13,000 a year, which was amazing," says Miss Frood. "We were very grateful for those parents who immediately donated monthly, then we tried to make some savings which helped. The pandemic has had a bad effect on fund-raising. "Losing the funds raised by the

summer fair and the cake sales makes a lot because the cake sale quietly adds up. Although the summer fair is the biggie," says Miss Frood. "We are trying to work out a way to make more money, like by holding a virtual summer fair." This was a great success, raising more than £12,000 through a virtual fair, tabletop sales, an online auction and raffle tickets.



Skateboard basics:

To start learning tricks, you need to know the different parts that make up an entire skateboard. The griptape is what you see on the top of the skateboard (it's usually black and feels like sandpaper). This is what gives skaters grip to do tricks and to balance. The wheels roll your skateboard and you can loosen them to make you go faster. Trucks are the metal part that hold your wheels to the deck. The nose of the skateboard is the front of the skateboard and it is broader than the tail (the back of the skateboard).

Balancing:

Foot placement is key to learn how to balance. Put your back foot on the tail of the skateboard and your front foot on the screws. If you are struggling to balance, hold something and practice leaning from side to side on your board. **Pushing:** Once you are confident with balancing, you can start pushing. Place your less dominant foot on the grip tape and use your stronger leg to push. Use your back foot and push away. Gradually place your back foot onto the tail. This will feel familiar if you have been on a scooter.

Skateboarding's balancing act

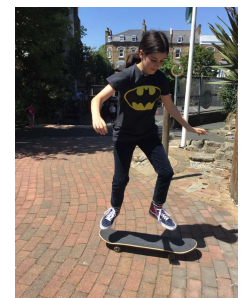
By Lila Gilmour-De La Fargue

Skateboarding is an action sport for all ages; it's increasingly more popular now as more skateparks are being built. Skateboarding was originally created in the 1950s by surfers in California on days when the waves they would normally have ridden were flat. Surfers attached roller skate wheels to a plank of wood and named the sport 'sidewalk surfing'. People realised that empty swimming pools could be used as ramps and started to hold competitions in their back gardens.

How to do an Ollie

An ollie is usually the first trick skaters will ever learn. It's where you pop your board in the air with your back foot.

- Step 1: Practise balancing.
- Step 2: Practise popping the tail of your board into the air.
- Step 3: Slide your foot up the griptape when you are in the air.
- Step 4: Put all of them together and jump.



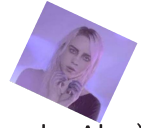
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All profits from sales using **EP2020** will go to EP.



Summer 2020 Playlist



As a parting gift to all of EP, Year 6 have created the perfect summer playlist! It's a mix of older classics, modern jams and a few favourites that you won't have heard for a while. Whether you are enjoying a holiday, relaxing around Tufnell Park or getting new shoes for the next school term, relax and enjoy this feel-good musical feast! *Find these songs on Spotify, Apple Music, YouTube or wherever you stream your music.*

Playlist



- 1) Human / Rag'n'Bone Man (chosen by Clemmie)
- 2) Reach for the Stars / S Club 7 (chosen by Sabry)
- 3) Don't Start Now / Dua Lipa (chosen by Georgia)
- 4) I'm a Banana / Onision (chosen by Elizabeth)
- 5) Gangnam style / Psy (chosen by Maddie)
- 6) Heartless / Kanye west (chosen by Adrien)
- 7) Cradles / Sub urban (chosen by Salma)
"I picked this because it makes me feel happy if I feel sad and it's relatable."
- 8) Something Just Like This / Coldplay (chosen by Zion)



- 9) 7 years / Lucas Graham (chosen by Alex)
- 10) Ocean eyes / Billie Eilish (chosen by Degan)
- 11) Dance Monkey / Tones and I (chosen by Shaima)
- 12) Titanium / Sia (chosen by Tanisha)
"I picked this because it makes you happy and the song says that you're strong."
- 13) Born without a Heart / Faouzia (chosen by Sophie)
- 14) Help! / The Beatles (chosen by Lara)
- 15) Blue lights / Jorja Smith (chosen by Jessie J)
- 16) Light it up / Major Lazer (chosen by Isaac)
- 17) Higher love / Whitney Houston ft Kygo (chosen by Amelia)
- 18) Whoa / XXX Tentacion (chosen by Laurie)
- 19) Joyful / Sisteract (chosen by Kara)
- 20) Blinding lights / The Wknd (chosen by Diarmaid)
- 21) Lovely / Billie Eilish (chosen by Bay)
- 22) Amy Winehouse / Valerie (chosen by Jess D)
- 23) Shooting Stars / Bag Raiders (chosen by Lila)
- 24) Mardy Bum / Arctic Monkeys (chosen by Tess)
- 25) Love Me Do / Beatles (chosen by Belle)
- 26) Happy / Pharrell (chosen by Malachy)

Stories for Summer

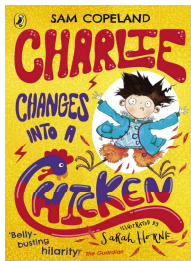
By Amelia Firth, Jessica Jones, Tess Ketteridge and Bay Spicer

Charlie Changes Into a Chicken

Sam Copeland
(Comedy)

Charlie McGuffin lives with his parents and brother. He is a normal 10-year-old boy living a normal life, although something very strange is about to happen. Anxious, Charlie gets nervous quite a lot of the time and suddenly one day he turns into something not human, something very strange...

Age: 8+

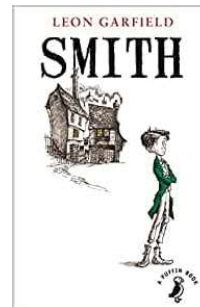


The Daisy Series

Kes Gray
(Comedy)

Daisy is a young girl who lives with her mum. Daisy's personality is quite cheeky, she is often playing with her best friend Gabby. In this series of books, there is always something wrong with Daisy's life, and hilarious consequences ensue. In the newest book, Daisy and the Trouble with Nature, Daisy and her class are so excited when their new school nature garden is unveiled.

Age: 5+



Smith

Leon Garfield
(Crime / mystery)

This book is about a child called Smith, he is a thieving pickpocket and he lives with his two sisters in a basement.

His devilish friend is a highwayman called Lord Tom. One day when he is picking the pockets of the innocent people of London, he picks out a very important document. Follow his story to find out the rest of this mystery. Full of twists and turns, it's a tale full of suspense.

Age: 9+

A Kitten Called Moonlight

Martin Waddell
(Picture book)

This book is about a girl who on the way back from a party, sees something strange down at the docks. She tells the story of a lost kitten who becomes an adored pet. With lovely pictures, this heart-warming tale is a great book to read as a family.

Age: 3+

Rumblestar

Abi Elphinstone
(Adventure)

This book is an epic thrill-ride about a boy who goes through a magic portal and meets a young girl. They go on a quest to save the magical world and the regular one. The question is, will he be able to get back home safely? This is the first in the first in *The Unmapped Chronicles* stories.



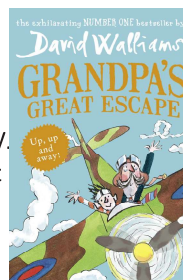
Age: 8+

Grandpa's Great Escape

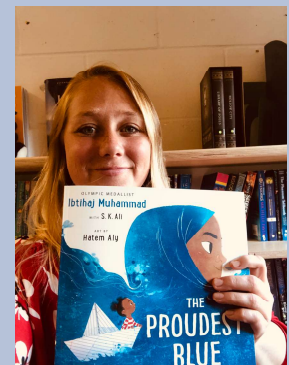
David Walliams
(Adventure)

This book is about a boy and his Grandpa. Jack's grandpa is getting on a bit and is quite ill, so his parents are thinking about sending his old Grandpa to a home for elderly people. Jack is determined to not let that happen. He knows it is a great challenge but he is up for it! This is the eighth story from Walliams, and is every bit as magical as the others - it was even made into a film for TV. It's mad and funny, but has a nice message at the end.

Age: 9+



Miss Mac's Pick!



The Proudest Blue

Ibtihaj Muhammad
(Picture book)

This story is an inspirational tale of two sisters who are both starting a new school year. Faizah has her new shoes and her older sister has her first-day hijab. It's an uplifting tale of pride and acceptance. A great read for any age!

Age: 3+

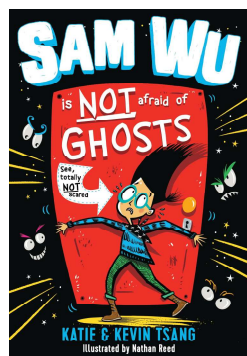


Cookie!... and the Most Annoying Boy in the World
Konnie Huq (Ages 7+)

Cookie (shortened from "Kanak" in Bengali) loves science but is finding school hard now her best friend has moved away. Her classmates think prawns are vegetables but she knows words like "defenestrate" and can make planets out of chickpeas. Everything changes when the empty seat next to her is taken by Jake – THE MOST ANNOYING BOY IN THE WORLD. Look out for Cookie's doodles and plans for inventions like a "digestive system doll" and her charts, tables and graphs to show happiness, what you shouldn't put on a pizza and why is she no longer eating circular food.



Sam Wu is NOT afraid of Space!
Katie & Kevin Tsang (Ages 6+)



Having proved in his previous adventures that he is NOT afraid of ghosts, sharks, the dark, spiders and zombies (alright, maybe he was a tiny bit...) Sam is back for his final book this summer. This time he's having his first

trip away from home at Space Camp! Sam LOVES space so surely there's nothing to be scared of this time... Expect as much panicking as usual!

Film reviews

By Elizabeth Jones

Are you tired of being told to 'find something to do' by your parents and struggling to think of new ideas? This definitive article is here to save your boredom troubles! These movies will entertain you during these tough times and you might spot scenes that are similar to what's happening now...



The Addams Family

Spooky but a hilarious watch!
Do you want a film where one minute you will be jumping with fear, then crying with laughter? Then The Addams Family is the movie to watch. It might seem all fun and jokes but this movie's main message is that everyone is different and you shouldn't judge a person on what they look like. The Addams Family is about a peculiar family who just want to find somewhere to live peacefully where they are not judged. The local people turn against them because of their looks and slightly odd (but hilarious) behaviour. You will feel like you have been on an emotional rollercoaster by the closing credits as you follow the family through their weird but wonderful journey. This cartoon remake of the 1998 classic is every bit as enjoyable as the original, but this one is more suited to younger audiences today. There are many actors in The Addams Family like Finn Wolfhart (Stranger Things), Charlize Theron (Snow White and the Huntsman) and even Snoop Dogg was part of the cast! This movie is available on Netflix. Star rating: ★★★★★



Artemis Fowl

A criminal mastermind!
Artemis Fowl is a marvellous movie, however because of lockdown there was a delay with the release of the film. Eventually it was decided to show it on Disney+ in order to entertain children and adults alike during time spent at home! Although you have to pay for the channel, it is an incredible film and worth the cost of £5.99 a month. In this film, there are two separate worlds where magical creatures exist in one world and humans exist in the other. Artemis is a very intelligent boy for a 12-year-old and uses his brains for evil, rather than good. In this story he captures a fairy and keeps her locked up (sounds familiar right about now!) and tries to use her magic to unlock the secrets of his father's disappearance. This film includes lots of familiar actors from other children's shows and films, like Josh Gad (Frozen), Tamara Smart (The Worst Witch) and Colin Farrell (Fantastic Beasts and Where to Find Them). Star rating: ★★★★★

A big big BIG THANK YOU to Miss Frood and the amazing EP staff for everything you've done to keep the kids inspired and engaged during lockdown. Hope you all have a brilliant summer! Love from the PTA and EP families. X

ELEANOR PALMER PRIMARY SCHOOL

Should children be allowed mobiles at school?

The answer is: we can't agree. Over time, there have been several debates on this particular subject. Some say it could benefit children and teachers, but others will say it wouldn't. Here's what two children in Year 6 think...

Hang up

By Tanisha Ahmed

I think having phones in class would be a huge distraction. It may be convenient for taking notes, but you could also be doing something irresponsible without the teacher realising. We already have iPads and laptops in school, so why would we need phones? Although your touch typing may improve, your handwriting would be hugely affected. If we were to have phones in primary school, the infants would not be able to use them properly and students who do not have phones would feel excluded. They could use the school iPads and laptops but it wouldn't be the same as having their own phone. The teachers could confiscate phones when they are not needed, but they are never really needed in class since the students are either writing in their books, laptops or iPads. If you were to bring in your phone to school, there is a chance that it may get lost or broken. Also, If you forget to put your phone on silent it might ring during class, which would cause a huge disruption. On the students' way to school, if their phones are visible, it could attract muggers.

In an interview with Zion, he said that, "There is no point in having phones in primary school. We will be able to bring phones into secondary school so why rush?" When a student gets too addicted to carrying their phones around the school, their grades can be affected.

[FP poll](#)

| | | |
|--|-----|-------|
| How many children in the Juniors have a phone? | | |
| Year 6 = 18 | Yes | 11 No |
| Year 5 = 7 | Yes | 23 No |
| Year 4 = 3 | Yes | 27 No |
| Year 3 = 4 | Yes | 26 No |

By the time a student has picked up their phone, it takes them at least five minutes to refocus on what they were learning about before they picked it up. We spoke to Mary Rebello, an ICT consultant, about whether phones in school was a good idea, and she had mixed feelings. She said: "Phones can be good but they can also be a distraction from what a teacher is saying or from what a student was writing." In conclusion, I think that having phones in school would be a mistake. Teachers would be annoyed to have to constantly to check up on students, and it would make their job harder than normal.



Pick up

By Salma Brammer

If children were allowed access to their mobile phones in class, their typing speed would grow, therefore giving them an advantage in the real world where typing is more prominent than handwriting. Phones could be used for taking notes in lessons rather than faffing about to get paper, iPads or laptops. Students could also communicate with parents through their mobiles if feeling sick, or had forgotten something at home - this will also save the children from harassing staff members from the office to call the student's parents. If parents are not available to pick up their child, the student may use their phone to contact a friend or relative to pick them up. When we spoke to an ICT consultant, Mary Rebello, about her opinion on whether or not

phones should be allowed in school she said, "I think phones could be a great help to the school, although you'd have to have a practically perfect school to manage it." Many people have concerns about children abusing the privilege of having a phone in class to take silly pictures, or text people when unnecessary - but there is a solution. Teachers could check on students every now and then to see if they are being responsible. Their phones would be taken at times when it is not needed to have one with you eg, during tests and Miss Frood maths. For the children who do not have access to a phone, they can share phones with their peers. If this is still an issue and they feel excluded, there are always laptops or iPads, even paper. In conclusion, using phones in school would benefit the education of children of the modern era.

Are you or your child interested in the martial arts?



Julian at Camden Martial Arts has 20 years of experience and teaches adults, kids and women-only groups. Learn Bruce Lee's jeet kune do, kickboxing, Filipino kali and self-defence. Check out www.camdenmartialarts.com The 'Jeet kune do for adults' tab has details of what is taught and why.

Why is Subway Surfers so sought-after?

By Tomas Magalhaes

In the last year of the decade, Subway Surfers has won the crown of the most downloaded game on mobile phones in the last 10 years. It is one of the most successful games in app stores, with new off-shoot games like Subway Surfers Airtime and a line of merchandise called SUBSURF®. The game was created on 24 May 2012 by SYBO games and Kiloo and was the first game ever to reach 1 billion downloads. Besides the main character, Jake, there are many other characters you can unlock, the further you advance in the game. The main point of the game is to get as far as you can by constantly running and avoiding obstacles. You collect coins as you go and this allows you to change your hoverboard and your character among other things. You can also beat world records as well as your own. This is a fun, harmless game, but be aware - it's hard to stop playing (or should I say *surfing*?!)

The game is available on all mobile devices for free. You can find it in all mobile phone app stores.

Suitable for 8+!



Top Tips for Surfing the Subway!

Here are some top tips for playing Subway Surfers:



- 1) Make sure to grab as many coins as you can at the start
- 2) Stay as high above obstacles as you can - running on top of trains will help you avoid objects.
- 3) Use one thumb, not two, because you won't have any finger space to see your character.
- 4) When you see a tree, don't go left because you will slow down.
- 5) Set yourself a time limit for how long you can play so that you don't spend too long looking at a screen!



Future of Gaming or is it just... The Future?

By Tomas Magalhaes

Sony held an event while we were in lockdown called Sony Future Of Gaming starting their new console, the PS5. It all took place online due to the restrictions in place due to Covid-19. The event provided a look at the games you can play on the new console and the design of the PS5 itself which Sony say is the "most striking design yet". Games fans were happy with the graphics and the DualSense controllers that are designed to give the player a more immersive experience. The release date is not yet widely known, although rumours are that it will be out in time for the end of the year. But don't get too excited to see it in your Christmas stocking as estimates put the console at about £449!



Veg Out

**Delicious home-cooked vegetarian food delivered to your door.
Menu includes stunning tarts, filo pies and many sides.**



Email marydouglasshome.com for weekly menu or follow [veg_out_london](#) on Instagram.

The other pandemic: BLM hits the pitch

By Laurie O'Connor

The BLM movement is happening all over the world and some players in football are bringing it to the pitch. Manchester United forward Anthony Martial and his wife have joined the protests in Paris, and Manchester City winger Raheem Sterling spoke passionately about the topic, saying "the only disease right now is the racism we are fighting". Marcus Rashford publicly tweeted saying: "We must come as one, and be united."

A lot of footballers have used their influence on others to speak out and tell the people that follow them what is right. They are also getting involved with the protests and some are raising money for different charities. Don't forget about the fans of football, a lot of them are saying "If we can cheer as one, we can protest as one." Basically saying, "Why not cheer for the BLM movement as much as we do for football?" Every football team in the Premier League has also put 'Black Lives Matter' on the back



of their shirts, in replacement of their names. And before the games the players kneel down, a symbol that was started at the 2016 Superbowl by Colin Kaepernick and Eric Reid.

The reason they knelt down was during the national anthem, they were refusing to stand to raise awareness of racial inequality and police brutality across the US, and the world.

London matches: A bluffer's guide to the big games

By Isaac O'Gara

The Premier league is back, and back with some huge games. We are going to look at the highlights of the most recent, and upcoming, London matches. You have permission to use this as a cheat sheet in one of your family quizzes. This is all you need to know about these games, including the all-time stats.

Arsenal vs Tottenham, 12/07/20

North London Derby day is A HUGE event in every Arsenal and Spurs fan's calendar. The extra-special game took place at Tottenham's White Hart Lane for the 200th Derby. So many amazing and gifted players have walked the pitches of North London: Thierry Henry, Paul Gascoigne, Emmanuel Adebayor and



many more legends. In the past, Arsenal have dominated – however in the last decade, Spurs have ran Chelsea to the title in 2017 and came third in the 2017/18 season. Arsenal have 82 wins, Tottenham have 64 and there have been 53 draws. Emmanuel Adebayor – who has played for both clubs – Bobby Smith and Harry Kane have each scored 10 goals in the North London Derby. Gazza (Paul Gascoigne) scored arguably the greatest North London Derby goal. Tottenham 2- Arsenal 1 was the final score!

Arsenal vs Liverpool, 15/07/20

Arsenal haven't won against Liverpool since the 2012/2013 season when Lukas Podolski and Santi Cazorla scored. Santi Cazorla, who is currently at Valencia, is a transfer target for the Gunners. In their last game against one of the top two teams, they were destroyed by Manchester City 3-0. That was the first game back and a lot of injuries occurred. These two have played 227 times, Liverpool winning 88, Arsenal winning 78 and drawing 61. (Final score: Arsenal 2-Liverpool 1)

Liverpool vs Chelsea, 18/07/20

This game is more like an ongoing war! Chelsea, like many other clubs, have thrown away their title hopes and are now just fighting for Champions League Qualification. But Liverpool, on the other hand, have sealed their first title since 1990! Liverpool's defence is solid – but expect to see them struggling with Tammy Abraham and Co relentlessly attacking. On that point, Liverpool's attack will probably run riot against the poor Chelsea defence. The two teams have played 91 times, Chelsea coming out on top with an incredible 46 wins (Liverpool only winning 23 times). Although Liverpool have won 18 top division titles, they have never won the Premier League! Chelsea have won the Premier league six times.

Football's crisis of finance and fans

By Alex Achermann-Stanfield & Zion Nwobodo

In this chaotic season of football, Liverpool FC were striding through the tables looking likely to become league winners until Covid-19 invaded England. They have gone onto become champions, but the impact of the current pandemic has affected sports all over the world. It has become so severe that some leagues in other countries have been forced to bail on football this year. Coronavirus has caused many financial problems, especially in football; so we are here to keep you up to date with the problems of the beautiful game we all know and love.

Finance

No games were played between 13 March and 17 June – and in those 12 weeks, the Premier League took a massive financial loss. Even now the season has restarted, games are being played behind closed doors, so tickets are going to waste. While most tickets sales are for one-off games, some fans have the opportunity to become season ticket holders

- they can have their own seats which are reserved only for them, for every game played at home. There is no struggle to get a ticket for each game but it can take years to get one. They are also very expensive. Fuming fans are wondering if they ever will get their money back for the expensive season tickets purchased before the pandemic. North London's Arsenal have written emails to their season ticket holders explaining that they have an option of getting their money back or new season tickets for the next year. Clubs are saying they have no liability to refund fans, but we think the clubs should refund the tickets because the fans' money has been spent on games they have not seen, while football players are still earning millions of pounds per year, compared to an average UK salary of £29,009. Now that lockdown restrictions are being lifted, football is coming back to our screens. Even though the games are played live, fans still can't go to the stadiums to watch. This is another reason the ticket holders want their money returned.



Fans

Now that fans are not able to attend matches, it affects many issues within the Great Game. Fans not being at games has a massive effect on the players' morale, motivation and team spirit. The cheering and chanting that happens at games can turn a team's performance around. To try and regulate this, football stadiums are playing recordings of fans' chants and cheering to make the players feel more of an atmosphere. Another difference when fans are not present, is that they can sometimes influence the decisions that the match officials make. Arguments

can be made that this will actually make the game fairer. The fans not being there doesn't really encourage teams and football isn't as lively but they have added the voices of fans so everyone can enjoy it especially teams. If the referee makes the wrong decision the fans won't be there to boo at what the ref has decided. The fans change the game and make a great atmosphere in this much-loved sport. Watching matches without the crowds will be a strange thing to get used to, however most fans are glad to be able to see their team play again.

Transfer window rumours: Who's coming and going at Chelsea?

By Diarmaid McLaughlin

This summer, Timo Werner and Hakim Ziyech will arrive at Stamford Bridge. There are also rumors that Frank Lampard, the Chelsea manager, will sell players such as Kante, Kepa, Barkley,

Jorginho, Zouma, Willian and Alonso. With Pedro departing this summer, Lampard is eyeing Borussia Dortmund wonderkid Jadon Sancho and Bayer Leverkusen star Kai Havertz. However, they have both been linked with a move to Manchester United. Kai

Havertz is now set to join Chelsea, but United are still leading the race for Sancho. There is a possible move for Chilwell, but Leicester will not take less than £80,000,000. Dean Henderson, Manchester United youth prospect, will

only sign another contract with United if they give him the number one goalie spot at the club. If not, he will sign for Chelsea. Reports say that Lampard will look for another keeper after Kepa's dismal performance against Aston Villa.

Mix it up - new recipes for a new time

By Clementine Hall

Are you looking for something to do to fill your time, instead of sitting at home doing nothing? Well here is something to occupy you...

Here are instructions on how to make two absolutely delicious drinks to quench your thirst this summer!

Chocolate Smoothie

This drink is deceptively naughty, but is actually packed full of nutrients and things that are good for you. Plus it tastes amazing!

Serves 2-3 children and you will need:

1 tablespoon cocoa powder

2 pipped dates

1 peeled banana

A handful of walnuts

200ml coconut milk

Instructions:

Place all of the ingredients into the food processor and blend for roughly two minutes.

The consistency should be quite thin when you've finished and keep whizzing until all the bits are gone (unless you like a secret surprise!)

TOP TIP: Put your glass in the fridge beforehand so that it keeps your drink cooler for longer!



Instructions:

Peel the watermelon and remove any seeds.

Add all the ingredients into the blender then whizz for roughly 2 minutes until you have a red slush! Put into the cup and add a few mint leaves for decoration
Enjoy with a reusable straw!

Year 3 Cucumber Salad

We have loved eating our freshly harvested cucumbers from the Y3 garden! Try tossing thinly sliced cucumber with a little sugar, salt and white wine vinegar. Serve with thinly sliced red onion for a delicious, healthy side salad.

Watermelon and Mint slushy

It's going to be hot this summer, so here is a healthy, sweet and refreshing drink to keep you cool.

Serves 1-2 people and you will need:

3 thick slices of watermelon (peeled and seedless)

100ml of coconut water

Handful of fresh mint leaves

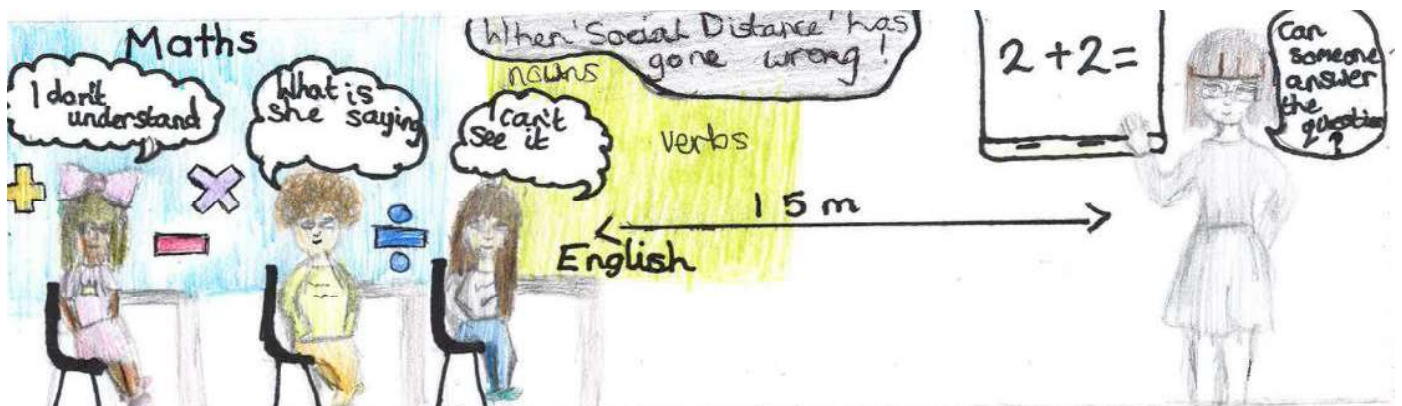
4 ice cubes

Reusable straw (recommended but not necessary)



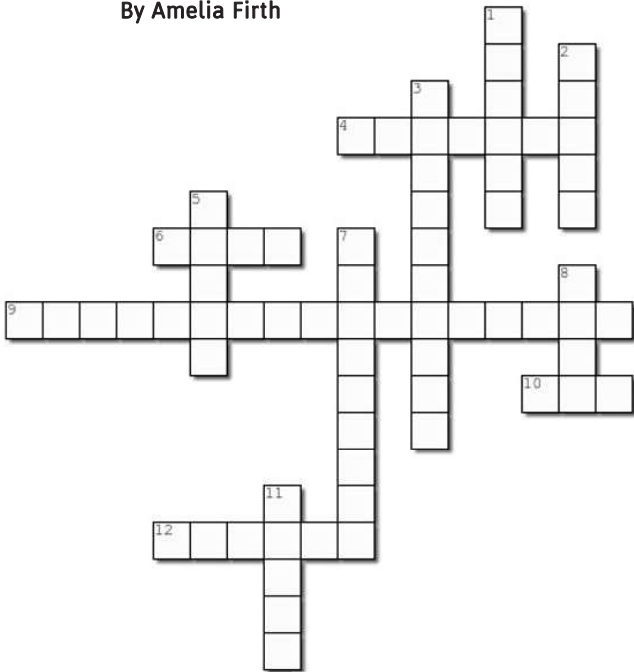
EP life in a time of social distancing

Comic strip by Elizabeth Jones



EP Summer Crossword

Complete the crossword puzzle below!
By Amelia Firth



Across

- 4. What is Mr Gibson's favourite subject?
- 6. What animal represents our school?
- 9. What football team did Deanna play for?
- 10. What is Coach Martin's favourite colour?
- 12. What is the first topic that you learn about in Year 4?

Down

- 1. What colour do we wear for our sport events and any tournaments we take place in?
- 2. What is the colour of the button that you push to exit the school?
- 3. Where do you go in Year 6 for the residential?
- 5. What instrument does Laura play for us in assembly?
- 7. Who teaches in Year 2?
- 8. Which month does the Summer concert take place in the Year?
- 11. Who teaches art?

Super Sudoku by Jessica Jones

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 6 | 2 | | 3 | | 1 | 8 | |
| | 4 | | | | | | 2 |
| 7 | | 1 | | | | | |
| 8 | | 3 | 1 | | | | 9 |
| | | 6 | | 2 | 7 | | |
| | 1 | | 8 | | 4 | 3 | |
| 9 | 3 | | | 1 | | | 7 |
| 5 | | | 6 | | | 4 | |
| | | | | 8 | 2 | | |

JOKES

Compiled by Belle Mukulayenge

- 1. **What do you call a dinosaur that is sleeping?** A dino-snore!
- 2. **What is fast, loud and crunchy?** A rocket chip!
- 3. **Why did the teddy bear say no to dessert?** Because she was stuffed.
- 4. **What has ears but cannot hear?** A cornfield.
- 5. **What did the left eye say to the right eye?** Between us, something smells

Deanna's favourite joke;

What do you call a man with no shins?
Tony! (Toe-Knee)

Miss Mac's favorite joke;

What's a cat's favourite cereal?
Mice krispies!

Diarmaid's favourite joke;

What do you call an Egyptian doorbell?
Tooting - come in



Riddle me this...

My first is in frog but not in toad,
My second is in trail but not in road,
My third is in snake but not in lizard,
My last is in hailstorm but not in blizzard.

I live in school, both day and night,
Who am I? Have you guessed right?

The secret life of EP Pets (and urban wildlife)

The Great Escape!

By Adrien Briancon

Hello! I am Hero the Greyhound, an ex-racing dog. I was rescued from the Greyhound Trust kennels by Adrien and his family. I like squeaky tennis balls, chasing cats and squirrels, and sleeping about 18-20 hours a day! One month after being rescued, I decided to explore the streets of London. A plumber had come to repair something and the door was open, so, naturally, I ran away. I boarded a bus, to discover London. But the driver and the passengers started screaming for some reason so I decided to get off. I went to see Big Ben and the Houses of Parliament. I ran around all of London, trying to find a tall tower with a clock. Eventually, I arrived. It was pretty disappointing. I



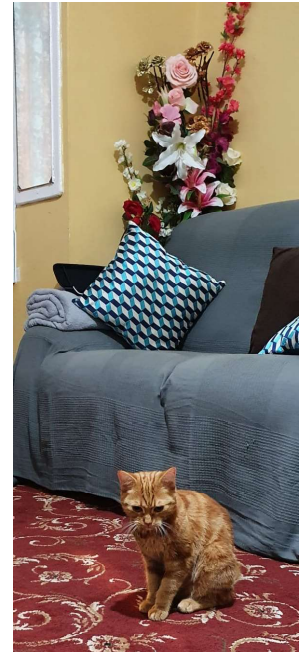
had imagined it taller. I realised that I didn't know how to get home. Luckily, a van came to pick me up and drove me home. I was very happy to be home and I never tried to run away again.

(Footnote: Hero disappeared again, briefly, on 11 July - he'd run straight to the Pets at Home dog food section.)

The Great Escape 2!

Simba the cat
Rafi, Year 3

He was missing for two weeks, we put posters up everywhere and a lady messaged us saying she'd seen a kitten that looks like him, 10 minutes later she messaged us saying she took him in and fed him. He'd been round the corner from us the whole time, and we had no idea.



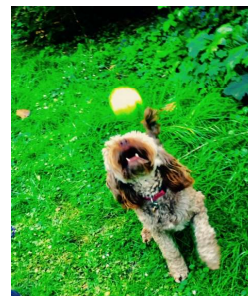
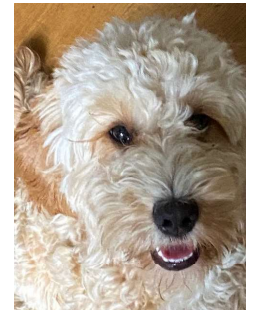
The fantastic Falkland Road foxes

By Nora (Reception)

One sunny week in the middle of May, a family of foxes moved into our garden. Well, they actually chose our garden as their daytime crèche. Everyday there were up to four cubs playing, fighting, snoozing and trampolining in our garden, showing very little fear of us. I made names for them: Silky, Tommy, Milly, Jessica and the mummy is Betty. They would hang around until dark, and when their mummy appeared to check on them and bring them food they would squeal with excitement. Now they have learnt to only come out at night and we miss them. But we know they've visited because they still leave us bits of chewed rubbish and tip up our plant pots. I decided to dress up and join them for some foxy escapades.



This is Robin Clarke, who belongs to Molly (Y5), Clemmie and Georgie (Y2). His hobbies include: stealing crisps on the sofa and diving into muddy puddles!

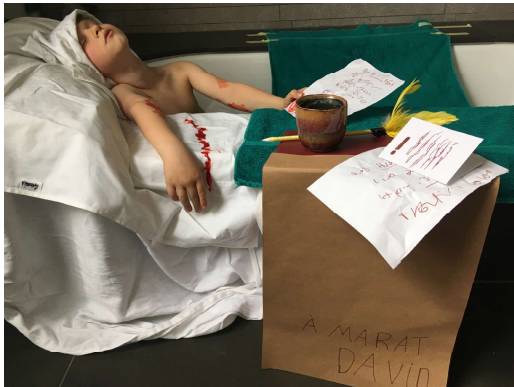


Our cockapoo Jackson going wild during lockdown! (Lara, Y6, and Max, Y3)

Timothee (Y2) spotted this wood pigeon tucking in at the bird feeder. He might be a bit too heavy for it!



Sophie's art challenge



The Death of Marat by Jacques-Louis David (Hal, Y3)



The Fairy Tale by Walter Firle (Juliette, Scarlett and Max)



The Desperate Man by Gustave Courbet (Scarlett, Y2)



Self-portrait with Thorn Necklace and Hummingbird by Frida Kahlo (Scarlett, Y2)



Icarus by Matisse (Scarlett, Y2)

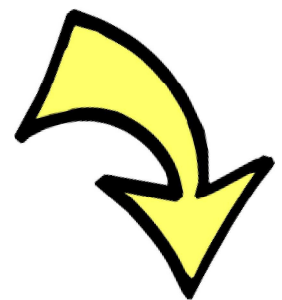


I'm so impressed with our winners! Such creative interpretations of these pictures. Well done!

Lockdown hairstyles



We can't decide - do we miss the hairdresser or is this the perfect opportunity to rock a new hairstyle?



Which look do you prefer?



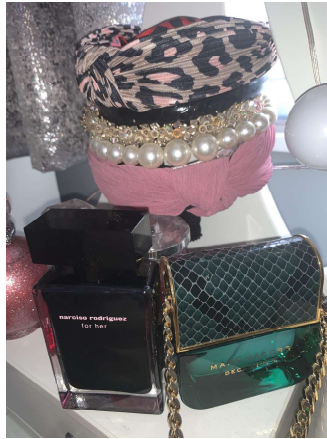
Through the Keyhole

For one peek only, EP staff have opened the doors to their homes and revealed some mystery objects... so can you identify the owners of these items?

Answers to be revealed in September!



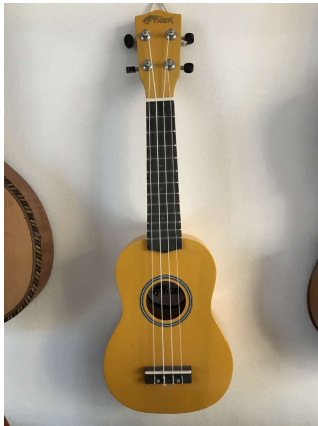
Owzat?!



Who's this glamour puss??



Marvellous!



What's that sound?



Game night, anyone?



From me to you!



What a di-vinyl collection!



A crafty character!



Someone's gone to Specsavers!